



ACNAP course on Heart Failure for nurses in Spanish

04 - 05 November 2021

Course directors: Mrs Maggie Simpson and Prof. Marisa Crespo-Leiro

Friday, 05th November

Day 2: Patient Education and follow up

Chairperson: Marisa Crespo-Leiro

Chat moderator: Cristina M. Riveiro-Rodriguez

09:00 - 09:15	Marisa Crespo-Leiro: Welcome and summary of day 1	15 min
09:15 - 10:00	Promoting self-care: lifestyle and non-pharmacological advice <i>Teresa Soria-Gomez</i>	45 min
10:00 - 10:15	Questions and answers	15 min
10:15 - 10:30	Break	15 min
10:30 - 11:25	The impact of co-morbidities on the diagnosis, treatment and management of heart failure <i>Laia Rosenfeld i Vilalta</i>	55 min
11:25 - 11:45	Questions and answers	20 min
11:45 - 12:20	Palliative and end of life care in heart failure <i>Jose Manuel Garcia-Pinilla</i>	35 min
12:20 - 12:30	Questions and answers	10 min
12:30 - 13:30	Lunch	
13:30 - 14:15	Evidence into practice – The role of the nurse and the HF MDT in the outpatient management of the heart failure trajectory <i>Concepción Cruzado-Alvarez</i>	45 min
14:15 - 14:30	Questions and answers	15 min
14:30 - 14:50	Advancing careerlong education, training and leadership possibilities for nurses <i>Concepción Cruzado-Alvarez</i>	20 min
14:50 - 15:00	Questions and answers	10 min
15:00 - 15:05	Marisa Crespo-Leiro: Conclusion	5 min