



ACNAP course on Heart Failure for nurses in Russian 14-15 October 2021

Course directors

Mrs Maggie Simpson, Prof. Yuri Lopatin and Prof. Dmitry Duplyakov

Friday, 15th October

Day 2 - Patient Education and follow up

<i>Session 1</i>		
08:30 - 08:45	<i>D. Duplyakov and Y. Lopatin: Welcome and summary of day 1</i>	15 min
08:45 - 09:45	Promoting self-care: lifestyle and non-pharmacological advice <i>Chairs persons and chat moderators Y. Belenkov and S. Villevalde</i>	60 min
08:45 - 09:05	<i>Y. Lopatin: Lecture and case 1</i>	20 min
09:05 - 09:15	Questions and answers	10 min
09:15 - 09:35	<i>D. Duplyakov: Case 2</i>	20 min
09:35 - 09:45	Questions and answers	10 min
09:45 - 10:00	Break	15 min
<i>Session 2</i>		
10:00 - 11:00	The impact of co-morbidities on the diagnosis, treatment and management of heart failure <i>Chairs persons and chat moderators: Y. Belenkov and Y. Lopatin</i>	60 min
10:00 - 10:20	<i>D. Duplyakov: Lecture and case 1</i>	20 min
10:20 - 10:30	Questions and answers	10 min
10:30 - 10:50	<i>N. Vinogradova: Case 2</i>	20 min
10:50 - 11:00	Questions and answers	10 min
11:00 - 12:00	Lunch	60 min
<i>Session 3</i>		
12:00 - 12:40	Palliative and end of life care in heart failure <i>Chairs persons and chat moderators: S. Villevalde and N. Vinogradova</i>	40 min



12:00 - 12:30	<i>Y. Belenkov: Lecture, case study</i>	30 min
12:30 - 12:40	Questions and answers	10 min
12:40 - 12:55	Break	15 min

	Session 4	
12:55 - 13:35	Evidence into practice – The role of the nurse and the HF MDT in the outpatient management of the heart failure trajectory <i>Chairs persons and chat moderators: Y. Belenkov and S. Villevalde</i>	60 min
12:55 - 13:25	<i>N. Vinogradova: Lecture</i>	30 min
13:25 - 13:35	Questions and answers	10 min
	Session 5	
13:35 - 14:05	Advancing careerlong education, training and leadership possibilities for nurses <i>Chairs persons and chat moderators: D. Duplyakov and Y. Lopatin</i>	30 min
13:35 - 13:55	<i>S. Villevalde: Lecture and demonstration</i>	
13:55 - 14:05	Questions and answers	10 min
14:05 - 14:10	Conclusion <i>Y. Lopatin and D. Duplyakov</i>	10 min