

Post-event Report

29/03/2019

EAPC Webinar: Exercise prescription in patients with cardiovascular disease

Attendees

Total number of attendees : **327**
Total number of connections : **360**
Average connection time : **00:48**

Interactivity

Number of asked questions : **147**
Number of questions sent to the host : **31**
Number of answered questions : **15**
Number of unaddressed questions : **116**

Number of surveys or MCQs sent : **4**
Average number of answers per survey : **129**

Visits (summary)

Browsers used

Browser	%
Safari	29%
Chrome	58%
Edge	0%
Internet Explorer	3%
Firefox	9%
Opéra	0%
N/A	0%

Platforms used

Platform	%
Windows	47%
Mac OS	16%
iOS	19%
Android	18%
N/A	0%

Geographical information (summary)

Top 5 countries

Country	%
GR	8%
GB	8%
ES	7%
UA	5%

Post-event Report

29/03/2019

Ecological Footprint

Place of reference (for post event report)

300 Route des Crêtes, 06560 Valbonne, France

Ecological Footprint (summary)

The online live broadcast made it possible to save



160 tons of CO2 *

The online live broadcast made it possible to avoid



1 105 495 km
travelling regular transportations *

and to save



1 724 hours *
hours of travelling time *

* compared to an event where attendees have to travel a distance to reach the mentioned broadcast location through regular means of transportation from the city they come from.

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 1)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
1	RO	ConstanÊa	275 kg	1899 km	3.82 h
2	IN	Bengaluru	1189 kg	8201 km	9.82 h
3	ES	Barcelona	87 kg	641 km	6.17 h
4	CA	Mississauga	1057 kg	7289 km	8.95 h
5	SA	Riyadh	664 kg	4578 km	6.37 h
6	EG	Cairo	417 kg	2877 km	4.73 h
7	PT		0 kg	N/A km	0 h
8	CN	Beijing	1330 kg	9173 km	10.73 h
9	RU	Saratov	481 kg	3316 km	5.15 h
10	RU	Moscow	407 kg	2804 km	4.67 h
11	BG	Sofia	211 kg	1455 km	3.38 h
12	IL	Tel Aviv	436 kg	3008 km	4.87 h
13	RO	Bucharest	242 kg	1672 km	3.6 h
14	AZ	Baku	561 kg	3870 km	5.68 h
15	BE	Hasselt	131 kg	905 km	2.87 h
16	IT	Bologna	67 kg	497 km	5.33 h
17	GR	Athens	245 kg	1689 km	3.62 h
18	GB	London	164 kg	1129 km	3.08 h
19	SA	Jeddah	614 kg	4234 km	6.03 h
20	QA	Doha	716 kg	4941 km	6.7 h
21	RU	Volgograd	464 kg	3201 km	5.05 h
22	ES		0 kg	N/A km	0 h
23	BR	Florianópolis	1553 kg	10707 km	12.2 h
24	PK	Hyderabad	930 kg	6415 km	8.12 h
25	IL	Tel Aviv	436 kg	3008 km	4.87 h
26	UA		0 kg	N/A km	0 h
27	IN	Bengaluru	1189 kg	8201 km	9.82 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 2)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
28	GR	Thessaloniki	215 kg	1486 km	3.42 h
29	BR	Belo Horizon...	1398 kg	9642 km	11.18 h
30	RO	IaÈ™i	263 kg	1813 km	3.73 h
31	FR	Le Pontet	32 kg	235 km	2.28 h
32	ES	Barcelona	87 kg	641 km	6.17 h
33	UA	Kyiv	307 kg	2117 km	4.02 h
34	GB	Guildford	163 kg	1124 km	3.07 h
35	IN	Bengaluru	1189 kg	8201 km	9.82 h
36	PE	Arequipa	1654 kg	11409 km	12.87 h
37	IN	Durgapur	1192 kg	8223 km	9.83 h
38	FR	Gradignan	99 kg	685 km	2.65 h
39	PL	Gryfice	206 kg	1418 km	3.35 h
40	RU	Moscow	407 kg	2804 km	4.67 h
41	IT	Milan	47 kg	345 km	4.07 h
42	GE	Tbilisi	490 kg	3379 km	5.22 h
43	DE		0 kg	N/A km	0 h
44	RU	Yekaterinbur...	632 kg	4360 km	6.15 h
45	IN	Kolkata	1216 kg	8385 km	9.98 h
46	ES	Gijón	163 kg	1124 km	3.07 h
47	UA	Vinnytsia	279 kg	1926 km	3.83 h
48	UA	Vinnytsia	279 kg	1926 km	3.83 h
49	SA	Riyadh	664 kg	4578 km	6.37 h
50	AE	Dubai	764 kg	5272 km	7.02 h
51	RO	Bucharest	243 kg	1676 km	3.6 h
52	GB	Liverpool	210 kg	1445 km	3.38 h
53	AM	Yerevan	494 kg	3408 km	5.25 h
54	RO	IaÈ™i	263 kg	1813 km	3.73 h
55	HR	Zagreb	119 kg	818 km	2.78 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 3)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
56	ES	Oviedo	166 kg	1142 km	3.08 h
57	RS	Belgrade	172 kg	1186 km	3.13 h
58	DE	Berlin	176 kg	1211 km	3.15 h
59	GB	Hull	199 kg	1375 km	3.32 h
60	RU	Yekaterinbur...	632 kg	4360 km	6.15 h
61	ES	Godella	123 kg	845 km	2.8 h
62	IN	Bengaluru	1189 kg	8201 km	9.82 h
63	BR	Natal	1107 kg	7633 km	9.27 h
64	AE	Abu Dhabi	761 kg	5250 km	7 h
65	IE	Dublin	232 kg	1598 km	3.52 h
66	BR	Belém	1184 kg	8168 km	9.78 h
67	GR	Athens	245 kg	1689 km	3.62 h
68	GH	Accra	685 kg	4722 km	6.5 h
69	CA	Vancouver	1373 kg	9466 km	11.02 h
70	GB	Portsmouth	161 kg	1107 km	3.05 h
71	UA	Ivano-Franki...	235 kg	1624 km	3.55 h
72	GR	Athens	245 kg	1689 km	3.62 h
73	GR	Athens	245 kg	1689 km	3.62 h
74	AT	Vienna	140 kg	966 km	2.92 h
75	LB	Beirut	427 kg	2947 km	4.8 h
76	IN	Bengaluru	1189 kg	8201 km	9.82 h
77	JP	Osaka	1574 kg	10853 km	12.33 h
78	IN	Bengaluru	1189 kg	8201 km	9.82 h
79	IT		0 kg	N/A km	0 h
80	PL	Warsaw	225 kg	1552 km	3.48 h
81	CA	Ottawa	998 kg	6882 km	8.55 h
82	CY	Limassol	389 kg	2683 km	4.55 h
83	DE	Stuttgart	95 kg	655 km	2.62 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 4)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
84	MU	Vacoas	1399 kg	9647 km	11.18 h
85	CO	Medellín	1425 kg	9826 km	11.35 h
86	BO	Oruro	1622 kg	11185 km	12.65 h
87	NL	Eindhoven	141 kg	970 km	2.92 h
88	UA	Kharkiv	369 kg	2548 km	4.43 h
89	BE	Brussels	132 kg	910 km	2.87 h
90	GR	Athens	245 kg	1689 km	3.62 h
91	ERR		0 kg	N/A km	0 h
92	ERR		0 kg	N/A km	0 h
93	ERR		0 kg	N/A km	0 h
94	IN	Mangalore	1156 kg	7969 km	9.58 h
95	BG	Sofia	211 kg	1455 km	3.38 h
96	GB	Preston	213 kg	1470 km	3.4 h
97	DE	Schorndorf	97 kg	668 km	2.63 h
98	LB	Beirut	427 kg	2947 km	4.8 h
99	UA	Zaporizhia	356 kg	2452 km	4.33 h
100	IT	Palermo	129 kg	889 km	2.85 h
101	PT	Faro	233 kg	1609 km	3.53 h
102	BG	Yambol	252 kg	1741 km	3.67 h
103	HR	Zagreb	119 kg	818 km	2.78 h
104	NL	Bussum	155 kg	1068 km	3.02 h
105	AT		0 kg	N/A km	0 h
106	ES	Priego de Co...	187 kg	1287 km	3.23 h
107	MX	Mexico City	1556 kg	10731 km	12.22 h
108	PT	Matosinhos M...	210 kg	1449 km	3.38 h
109	PL	Warsaw	226 kg	1558 km	3.48 h
110	DE	Leipzig	151 kg	1042 km	3 h
111	MK	Skopje	189 kg	1305 km	3.25 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 5)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
112	TN		0 kg	N/A km	0 h
113	MM	Yangon	1382 kg	9528 km	11.07 h
114	BR	Americana	1471 kg	10143 km	11.67 h
115	MM	Yangon	1382 kg	9528 km	11.07 h
116	RO	Buzău	252 kg	1736 km	3.65 h
117	GB	Islington	164 kg	1131 km	3.08 h
118	EG	Cairo	417 kg	2877 km	4.73 h
119	LT	Kaunas	278 kg	1918 km	3.83 h
120	UA	Lviv	233 kg	1609 km	3.53 h
121	GB	Leeds	206 kg	1423 km	3.35 h
122	MY	Kota Kinabalu	1762 kg	12149 km	13.57 h
123	CA	Toronto	1054 kg	7271 km	8.92 h
124	FR	Montauban	80 kg	594 km	5.55 h
125	GB	Leeds	206 kg	1423 km	3.35 h
126	MK	Veles	195 kg	1344 km	3.28 h
127	MK	Skopje	189 kg	1305 km	3.25 h
128	SE	Stockholm	303 kg	2091 km	3.98 h
129	GR	Athens	245 kg	1689 km	3.62 h
130	BY	Minsk	300 kg	2066 km	3.97 h
131	UA	Lviv	233 kg	1609 km	3.53 h
132	ES	Valencia	123 kg	847 km	2.8 h
133	DE	Ulm	92 kg	635 km	2.6 h
134	RO	Braşov	237 kg	1632 km	3.55 h
135	SE	Solna	303 kg	2092 km	4 h
136	GB	Colchester	164 kg	1130 km	3.08 h
137	GR	Xanthi	238 kg	1638 km	3.57 h
138	GB	Scarborough	207 kg	1431 km	3.37 h
139	RU	Moscow	407 kg	2804 km	4.67 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 6)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
140	IT	Milan	47 kg	345 km	4.07 h
141	ES	Vitoria-Gast...	126 kg	869 km	2.83 h
142	SI	Ljubljana	103 kg	712 km	2.68 h
143	TN	Sfax	166 kg	1142 km	3.08 h
144	RU	Moscow	407 kg	2804 km	4.67 h
145	GE	Tbilisi	490 kg	3379 km	5.22 h
146	GB	Burscough	211 kg	1455 km	3.38 h
147	AT	Salzburg	105 kg	724 km	2.68 h
148	CZ	Olomouc	163 kg	1125 km	3.07 h
149	QA	Doha	716 kg	4941 km	6.7 h
150	FR	Rodez	64 kg	477 km	4.97 h
151	ID	Jakarta	1797 kg	12395 km	13.8 h
152	MX	Mexico City	1556 kg	10731 km	12.22 h
153	RU	St Petersburg...	381 kg	2628 km	4.5 h
154	MK	Skopje	189 kg	1305 km	3.25 h
155	IN	Faridabad	1013 kg	6983 km	8.65 h
156	GR	Thessaloniki	215 kg	1486 km	3.42 h
157	UA	Chernivtsi	247 kg	1701 km	3.62 h
158	CA	Québec	938 kg	6471 km	8.17 h
159	BR	Rio de Janei...	1436 kg	9906 km	11.43 h
160	AU	Cockatoo	2631 kg	18147 km	19.28 h
161	SA	Al Faruq	665 kg	4584 km	6.37 h
162	CA	Vancouver	1372 kg	9461 km	11.02 h
163	RO	Cluj-Napoca	214 kg	1476 km	3.4 h
164	CZ	Prague	146 kg	1006 km	2.95 h
165	EG	Cairo	417 kg	2877 km	4.73 h
166	GB	Manchester	207 kg	1427 km	3.37 h
167	IE	Dublin	232 kg	1598 km	3.52 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 7)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
168	DE	Ludwigsburg	97 kg	670 km	2.63 h
169	DO	Santo Doming...	1207 kg	8323 km	9.93 h
170	ES	Seville	207 kg	1428 km	3.37 h
171	BR	Governador V...	1363 kg	9402 km	10.95 h
172	IS	Reykjavik	465 kg	3204 km	5.05 h
173	DE	Cologne	130 kg	894 km	2.85 h
174	MT	Saint John	170 kg	1174 km	3.12 h
175	DE	Kaiserslaute...	104 kg	715 km	2.68 h
176	AT	Vienna	139 kg	962 km	2.92 h
177	PL		0 kg	N/A km	0 h
178	RS	Belgrade	172 kg	1186 km	3.13 h
179	ES	Madrid	152 kg	1050 km	3 h
180	DE	Konstanz	94 kg	697 km	7.77 h
181	SE	Lerum	258 kg	1776 km	3.68 h
182	RO	Bucharest	242 kg	1672 km	3.6 h
183	ZA	Johannesburg	1285 kg	8864 km	10.45 h
184	BD	Dhaka	1228 kg	8466 km	10.07 h
185	EE	Tallinn	339 kg	2340 km	4.23 h
186	BR	São Paulo	1478 kg	10190 km	11.7 h
187	KW	Kuwait City	628 kg	4334 km	6.13 h
188	RO	TimiE™oara	183 kg	1260 km	3.2 h
189	GR	Athens	245 kg	1689 km	3.62 h
190	GR	Thessaloniki	215 kg	1486 km	3.42 h
191	UA	Vinnysia	279 kg	1926 km	3.83 h
192	GB	Molesey	164 kg	1129 km	3.08 h
193	ES	León	164 kg	1131 km	3.08 h
194	RO	Dumbravita	194 kg	1341 km	3.28 h
195	GR	Lamia	221 kg	1526 km	3.45 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 8)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
196	SK	Nove Sady	160 kg	1102 km	3.05 h
197	UA	Odesa	300 kg	2069 km	3.97 h
198	RO	Vacaresti	235 kg	1620 km	3.55 h
199	AT	Bruck an der...	123 kg	845 km	2.8 h
200	AR	Santiago del...	1714 kg	11824 km	13.27 h
201	GB	Blairgowrie	257 kg	1770 km	3.68 h
202	ES	Sant Esteve ...	89 kg	660 km	6.28 h
203	ID	Jakarta	1797 kg	12395 km	13.8 h
204	PT	Taveiro	213 kg	1472 km	3.4 h
205	AT	Salzburg	105 kg	724 km	2.68 h
206	CA	Toronto	1054 kg	7268 km	8.92 h
207	IT	Vecchiano-No...	51 kg	380 km	4.38 h
208	JP	Setouchi	1563 kg	10778 km	12.27 h
209	AL	Durrës	167 kg	1153 km	3.1 h
210	ES	Barcelona	87 kg	641 km	6.17 h
211	EG	Damanhur	397 kg	2735 km	4.6 h
212	ES	Tacoronte	428 kg	2949 km	4.82 h
213	FR	Valbonne	1 kg	5 km	0.13 h
214	SA	Dammam	686 kg	4732 km	6.5 h
215	AR	San Juan	1808 kg	12470 km	13.88 h
216	ES		0 kg	N/A km	0 h
217	PL	Gdańsk	233 kg	1606 km	3.53 h
218	GB		0 kg	N/A km	0 h
219	NO	Bergen	298 kg	2055 km	3.95 h
220	DE	Ockenheim	113 kg	777 km	2.73 h
221	LT	Vilnius	287 kg	1981 km	3.88 h
222	RU	St Petersburg...	381 kg	2628 km	4.5 h
223	ES	Madrid	152 kg	1050 km	3 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 9)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
224	RO		0 kg	N/A km	0 h
225	RS	Belgrade	172 kg	1186 km	3.13 h
226	IT		0 kg	N/A km	0 h
227	SG	Singapore	1668 kg	11501 km	12.95 h
228	CA	Edmonton	1248 kg	8604 km	10.2 h
229	EG	Cairo	417 kg	2877 km	4.73 h
230	JP	Yamabukicho	1592 kg	10979 km	12.45 h
231	ME	Podgorica	160 kg	1102 km	3.05 h
232	IN	Bengaluru	1189 kg	8201 km	9.82 h
233	GB		0 kg	N/A km	0 h
234	GB	Liverpool	209 kg	1439 km	3.37 h
235	GR	Athens	245 kg	1689 km	3.62 h
236	SE	Stockholm	303 kg	2090 km	3.98 h
237	GR	Athens	245 kg	1689 km	3.62 h
238	ES	Madrid	152 kg	1050 km	3 h
239	SA	Jeddah	614 kg	4234 km	6.03 h
240	JP	Kobe	1570 kg	10829 km	12.32 h
241	GR	Thessaloniki	215 kg	1486 km	3.42 h
242	MA	Casablanca	269 kg	1857 km	3.77 h
243	GR	Athens	245 kg	1689 km	3.62 h
244	GR	Athens	245 kg	1689 km	3.62 h
245	GB	London	162 kg	1120 km	3.07 h
246	CI	Abidjan	701 kg	4835 km	6.6 h
247	BG	Sofia	211 kg	1455 km	3.38 h
248	UA	Kyiv	307 kg	2117 km	4.02 h
249	RO	Dumbravita	194 kg	1341 km	3.28 h
250	GB	Birmingham	189 kg	1301 km	3.23 h
251	US	Southold	1001 kg	6902 km	8.57 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 10)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
252	GR	Athens	245 kg	1689 km	3.62 h
253	CH	Sigirino	58 kg	427 km	4.77 h
254	UA	Kyiv	307 kg	2117 km	4.02 h
255	NO	Larvik	276 kg	1901 km	3.82 h
256	SI	Koper	91 kg	630 km	2.6 h
257	CH	Bern	86 kg	636 km	7.12 h
258	DE	Berlin	175 kg	1208 km	3.15 h
259	RU	Moscow	407 kg	2804 km	4.67 h
260	MX	Mexico City	1556 kg	10731 km	12.22 h
261	ES	Madrid	152 kg	1050 km	3 h
262	BR	Brasília	1379 kg	9509 km	11.05 h
263	PT	Miranda do D...	178 kg	1225 km	3.17 h
264	GR	Rhodes	313 kg	2162 km	4.07 h
265	BR	Londrina	1517 kg	10464 km	11.97 h
266	AM	Yerevan	494 kg	3408 km	5.25 h
267	ES	Oviedo	166 kg	1142 km	3.08 h
268	DE	Viechtach	120 kg	830 km	2.78 h
269	IL	Jerusalem	445 kg	3068 km	4.92 h
270	GR	Athens	245 kg	1689 km	3.62 h
271	PT	Porto	209 kg	1443 km	3.37 h
272	AL	Tirana	172 kg	1186 km	3.13 h
273	SK	Bratislava	148 kg	1020 km	2.97 h
274	RS	NiÅj	191 kg	1319 km	3.25 h
275	AL	Durrës	167 kg	1153 km	3.1 h
276	ID	Jakarta	1797 kg	12395 km	13.8 h
277	RS	Belgrade	172 kg	1186 km	3.13 h
278	MX		0 kg	N/A km	0 h
279	GB	Isle of Nort...	294 kg	2031 km	3.93 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 11)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
280	TR	Adana	399 kg	2749 km	4.62 h
281	CO	Medellín	1425 kg	9826 km	11.35 h
282	MX	Mexico City	1556 kg	10731 km	12.22 h
283	BR	Itajaí	1544 kg	10647 km	12.13 h
284	NL	Groesbeek	145 kg	1001 km	2.95 h
285	RU	Kazan™	519 kg	3577 km	5.4 h
286	FR	Reims	106 kg	733 km	2.7 h
287	IT	Bologna	67 kg	497 km	5.33 h
288	GB		0 kg	N/A km	0 h
289	GR	Athens	245 kg	1689 km	3.62 h
290	UA	Lviv	233 kg	1609 km	3.53 h
291	BR	Belo Horizon...	1398 kg	9642 km	11.18 h
292	MX	León	1564 kg	10784 km	12.27 h
293	CH	Basel	91 kg	677 km	7.47 h
294	ES	Barcelona	87 kg	641 km	6.17 h
295	GB	Hull	198 kg	1364 km	3.3 h
296	IL	Tel Aviv	436 kg	3008 km	4.87 h
297	AZ	Baku	561 kg	3870 km	5.68 h
298	GR	Athens	245 kg	1689 km	3.62 h
299	ES	Barcelona	87 kg	641 km	6.17 h
300	GR	Larissa	215 kg	1486 km	3.42 h
301	RO	Periam	179 kg	1234 km	3.18 h
302	GB	Bedford	175 kg	1208 km	3.15 h
303	PE	Lima	1668 kg	11505 km	12.95 h
304	GR	Athens	245 kg	1689 km	3.62 h
305	GR	Thessaloniki	215 kg	1486 km	3.42 h
306	MX	Xalapa	1529 kg	10547 km	12.05 h
307	PT	Lisbon	232 kg	1601 km	3.53 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 12)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
308	ID	Denpasar	1935 kg	13343 km	14.7 h
309	PT	Lisbon	232 kg	1601 km	3.53 h
310	SR	Paramaribo	1171 kg	8078 km	9.7 h
311	GR	Chalcis	239 kg	1650 km	3.57 h
312	BR	Fortaleza	1109 kg	7650 km	9.28 h
313	GB	Belfast	245 kg	1690 km	3.62 h
314	MX	Acambaro	1567 kg	10805 km	12.28 h
315	UA	Kyiv	307 kg	2117 km	4.02 h
316	GB	Oxford	175 kg	1205 km	3.15 h
317	PT	Lisbon	232 kg	1601 km	3.53 h
318	EC	Latacunga	1552 kg	10702 km	12.2 h
319	CZ	Prague	145 kg	1003 km	2.95 h
320	GR	Athens	245 kg	1689 km	3.62 h
321	ES	Madrid	152 kg	1050 km	3 h
322	CA	Ottawa	998 kg	6882 km	8.55 h
323	IL	Lod	439 kg	3028 km	4.88 h
324	PE	Lima	1668 kg	11505 km	12.95 h
325	US	Delray Beach	1244 kg	8577 km	10.17 h
326	HU	Budapest	164 kg	1134 km	3.08 h
327	FR	Longuenesse	139 kg	956 km	2.92 h