

Post-event Report

01/03/2019

HFA Webinar : Up-to-date management of diabetic patients with heart failure

Attendees

Total number of attendees : **344**
Total number of connections : **395**
Average connection time : **00:41**

Interactivity

Number of asked questions : **94**
Number of questions sent to the host : **31**
Number of answered questions : **13**
Number of unaddressed questions : **63**

Number of surveys or MCQs sent : **5**
Average number of answers per survey : **153**

Visits (summary)

Browsers used

Browser	%
Safari	30%
Chrome	57%
Edge	0%
Internet Explorer	6%
Firefox	8%
Opéra	0%
N/A	0%

Platforms used

Platform	%
Windows	47%
Mac OS	13%
iOS	22%
Android	17%
N/A	1%

Geographical information (summary)

Top 5 countries

Country	%
GB	9%
GR	5%
IT	5%
UA	5%

Post-event Report

01/03/2019

Ecological Footprint

Place of reference (for post event report)

16 Avenue Hoche, 75008 Paris, France

Ecological Footprint (summary)

The online live broadcast made it possible to save



143 tons of CO2 *

The online live broadcast made it possible to avoid



990 854 km
travelling regular transportations *

and to save



1 692 hours *
hours of travelling time *

* compared to an event where attendees have to travel a distance to reach the mentioned broadcast location through regular means of transportation from the city they come from.

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 1)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
1	FR	Biot	110 kg	759 km	2.72 h
2	FI	Vantaa	304 kg	2099 km	4 h
3	DE	Krefeld	68 kg	506 km	4.93 h
4	DE	Neundorf	117 kg	810 km	2.77 h
5	IE	Dublin	124 kg	852 km	2.82 h
6	SE	Göteborg	187 kg	1288 km	3.23 h
7	RO	Bucharest	299 kg	2061 km	3.97 h
8	RO	Braşov	285 kg	1966 km	3.87 h
9	ES	Málaga	232 kg	1603 km	3.53 h
10	CH	Basel	78 kg	579 km	5.57 h
11	TZ	Dar es Salaam	1142 kg	7874 km	9.5 h
12	RU	Moscow	397 kg	2737 km	4.6 h
13	RU	Yekaterinburg	620 kg	4275 km	6.07 h
14	MX	Mexico City	1466 kg	10111 km	11.63 h
15	CH	Basel	78 kg	579 km	5.57 h
16	IN	Lucknow	1115 kg	7689 km	9.32 h
17	CY	Ayia Napa	480 kg	3312 km	5.15 h
18	MX	Zumpango	1460 kg	10069 km	11.58 h
19	PT	Lisbon	232 kg	1597 km	3.52 h
20	MN	Ulan Bator	1124 kg	7754 km	9.38 h
21	DE		0 kg	N/A km	0 h
22	ES	Madrid	168 kg	1158 km	3.1 h
23	MK	Struga	267 kg	1839 km	3.75 h
24	FR	Le Pontet	93 kg	639 km	2.6 h
25	DE	Berlin	140 kg	966 km	2.92 h
26	GB	Croydon	60 kg	443 km	5.22 h
27	RO	Cluj-Napoca	255 kg	1762 km	3.68 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 2)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
28	ES	Madrid	168 kg	1158 km	3.1 h
29	BR	São José dos...	1487 kg	10253 km	11.77 h
30	UA	Lviv	251 kg	1728 km	3.65 h
31	IN	Alwal	1209 kg	8338 km	9.93 h
32	JO	Amman	538 kg	3708 km	5.53 h
33	GR	Athens	335 kg	2311 km	4.2 h
34	EG	Cairo	513 kg	3536 km	5.37 h
35			0 kg	N/A km	0 h
36	BR	Rio de Janei...	1462 kg	10085 km	11.6 h
37	IN	Chennai	1282 kg	8843 km	10.42 h
38	GB	Oxford	76 kg	560 km	6.27 h
39	GB	London	62 kg	461 km	5.83 h
40	CA	Mississauga	960 kg	6619 km	8.3 h
41	RS	Belgrade	231 kg	1595 km	3.52 h
42	CH	Basel	78 kg	579 km	5.57 h
43	NL	Amsterdam	68 kg	503 km	5.05 h
44	BE	Brussels	41 kg	307 km	3.1 h
45	SA	Jeddah	710 kg	4899 km	6.67 h
46	PT	Viseu	194 kg	1338 km	3.27 h
47	GR	Athens	335 kg	2311 km	4.2 h
48	HR	Rijeka	158 kg	1092 km	3.03 h
49	GB	London	61 kg	454 km	5.57 h
50	RU	St Petersburg...	345 kg	2376 km	4.27 h
51	GB	Selby	94 kg	648 km	2.62 h
52	NL	Cuijk	65 kg	485 km	4.98 h
53	UA	Kharkiv	389 kg	2681 km	4.55 h
54	RU	Reutov	399 kg	2754 km	4.62 h
55	LT	Vilnius	271 kg	1869 km	3.78 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 3)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
56	IT	Siena	148 kg	1023 km	2.97 h
57	US	Orange	1449 kg	9994 km	11.52 h
58	RU		0 kg	N/A km	0 h
59	RO	BraÅŸov	285 kg	1966 km	3.87 h
60	CH	Zurich	90 kg	663 km	6.62 h
61	IN	Maldah	1220 kg	8413 km	10.02 h
62	BR	Belo Horizon...	1421 kg	9802 km	11.33 h
63	AU	Pakenham Eas...	2687 kg	18532 km	19.65 h
64	GB	London	61 kg	452 km	5.35 h
65	PL	Warsaw	218 kg	1505 km	3.43 h
66	BG	Sofia	281 kg	1938 km	3.85 h
67	IE	Dublin	124 kg	852 km	2.82 h
68	HR	Zagreb	173 kg	1195 km	3.13 h
69	UA		0 kg	N/A km	0 h
70	SD		0 kg	N/A km	0 h
71	PK	Lahore	985 kg	6790 km	8.47 h
72	UA		0 kg	N/A km	0 h
73	PT	Aveiro	200 kg	1382 km	3.32 h
74	PL	Katowice	193 kg	1334 km	3.27 h
75	CH	Basel	78 kg	579 km	5.57 h
76	IT	Milan	103 kg	708 km	2.67 h
77	NL	Hoorn	74 kg	551 km	5.52 h
78	FR		0 kg	N/A km	0 h
79	ES	Madrid	168 kg	1158 km	3.1 h
80	GR	Athens	335 kg	2311 km	4.2 h
81	IT	Turin	94 kg	647 km	2.62 h
82	BG	Sofia	281 kg	1938 km	3.85 h
83	QA	Doha	794 kg	5474 km	7.22 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 4)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
84	DE	Berlin	140 kg	964 km	2.92 h
85	PL	Bucz	168 kg	1159 km	3.1 h
86	AM	Yerevan	548 kg	3778 km	5.6 h
87	MX	Zapopan	1494 kg	10301 km	11.82 h
88	SE	Norrköping	225 kg	1550 km	3.48 h
89	PY		0 kg	N/A km	0 h
90	IN	New Delhi	1051 kg	7249 km	8.9 h
91	GB	London	61 kg	454 km	5.57 h
92	IT	Bergamo	105 kg	724 km	2.68 h
93	VN	Ho Chi Minh ...	1615 kg	11139 km	12.6 h
94			0 kg	N/A km	0 h
95	KG	Bishkek	865 kg	5965 km	7.68 h
96	GR	Lamia	311 kg	2143 km	4.03 h
97	SK	Bratislava	174 kg	1201 km	3.15 h
98	IN	Puducherry	1292 kg	8912 km	10.48 h
99	AZ	Baku	608 kg	4196 km	6 h
100	IT	Trieste	149 kg	1030 km	2.98 h
101	GB	Penarth	94 kg	694 km	7.68 h
102	SE	Stockholm	246 kg	1698 km	3.62 h
103	NL	Leiden	66 kg	490 km	4.95 h
104	NL	Leiden	66 kg	490 km	4.95 h
105	GR	Athens	335 kg	2311 km	4.2 h
106	RS		0 kg	N/A km	0 h
107	IT	Policastro B...	228 kg	1574 km	3.5 h
108	GB	Birmingham	81 kg	556 km	2.53 h
109	PA	Panama City	1381 kg	9524 km	11.07 h
110	US	Dorchester	882 kg	6085 km	7.8 h
111	US	Brooklyn	929 kg	6410 km	8.1 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 5)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
112	DE	Tamm	86 kg	639 km	6.3 h
113	GB		0 kg	N/A km	0 h
114	ERR		0 kg	N/A km	0 h
115	ERR		0 kg	N/A km	0 h
116	ERR		0 kg	N/A km	0 h
117	ERR		0 kg	N/A km	0 h
118	DE	Hamburg	120 kg	825 km	2.78 h
119	IT	Barlassina	100 kg	690 km	2.65 h
120	HU	Jaszarokszal...	210 kg	1445 km	3.38 h
121	GB	Oxford	75 kg	555 km	6.15 h
122	MK	Gostivar	263 kg	1812 km	3.73 h
123	CO	Santiago de ...	1420 kg	9793 km	11.33 h
124	ES	Priego de Co...	219 kg	1513 km	3.43 h
125	BQ	Kralendijk	1208 kg	8333 km	9.93 h
126	UA	Donetsk	414 kg	2855 km	4.72 h
127	ES	Málaga	232 kg	1603 km	3.53 h
128	RU	Moscow	397 kg	2737 km	4.6 h
129	AM	Yerevan	548 kg	3778 km	5.6 h
130	DE	Konstanz	84 kg	579 km	2.55 h
131	FR	Saint-Raphaë...	111 kg	767 km	2.73 h
132	BY	Minsk	292 kg	2011 km	3.92 h
133	SI	Ljubljana	154 kg	1065 km	3.02 h
134	GE	Tbilisi	538 kg	3712 km	5.53 h
135	IT	Lizzano in B...	134 kg	924 km	2.88 h
136	RO	Hunedoara	253 kg	1745 km	3.67 h
137	US	Winter Park	1151 kg	7936 km	9.55 h
138	RU		0 kg	N/A km	0 h
139	AM	Yerevan	548 kg	3778 km	5.6 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 6)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
140	NL	Amersfoort	67 kg	499 km	4.97 h
141	GR	Heraklion	382 kg	2635 km	4.52 h
142	MM	Yangon	1417 kg	9775 km	11.32 h
143	PL		0 kg	N/A km	0 h
144	SA	Jeddah	710 kg	4899 km	6.67 h
145	RU	Moscow	397 kg	2737 km	4.6 h
146	SE	Stockholm	246 kg	1698 km	3.62 h
147	FR	Paris	1 kg	4 km	0.22 h
148	DK	Frederiksber...	164 kg	1129 km	3.08 h
149	GB	Wembley	70 kg	517 km	5.87 h
150	FR	Malakoff	1 kg	11 km	0.35 h
151	AT	Vienna	165 kg	1137 km	3.08 h
152	RS	Temerin	220 kg	1519 km	3.45 h
153	RU	Moscow	397 kg	2737 km	4.6 h
154	BE	Wemmel	43 kg	317 km	3.2 h
155	HR	Zagreb	173 kg	1195 km	3.13 h
156	OM	Muscat	895 kg	6175 km	7.88 h
157	AT	Vienna	165 kg	1137 km	3.08 h
158	US	Selden	918 kg	6333 km	8.03 h
159	US	Cambridge	882 kg	6081 km	7.78 h
160	HU	Budapest	200 kg	1376 km	3.32 h
161	LT	Alytus	257 kg	1775 km	3.68 h
162	RO	Sibiu	267 kg	1843 km	3.75 h
163	RU	Moscow	397 kg	2737 km	4.6 h
164	SA	Riyadh	748 kg	5157 km	6.92 h
165	MX	Guadalajara	1495 kg	10307 km	11.82 h
166	GB	Bradford	98 kg	675 km	2.65 h
167	RO		0 kg	N/A km	0 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 7)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
168	AT	Frankenburg	132 kg	909 km	2.87 h
169	RO	Cluj-Napoca	255 kg	1762 km	3.68 h
170	GR	Xanthi	313 kg	2159 km	4.05 h
171	RU	Moscow	397 kg	2737 km	4.6 h
172	GR	Thessaloniki	297 kg	2047 km	3.95 h
173	MD	Chisinau	316 kg	2177 km	4.07 h
174	BG	Sliven	315 kg	2174 km	4.07 h
175	GB	Kingston upon...	63 kg	469 km	5.55 h
176	PL	Warsaw	218 kg	1505 km	3.43 h
177	ES		0 kg	N/A km	0 h
178	GR	Thessaloniki	297 kg	2047 km	3.95 h
179	MK	Veles	273 kg	1883 km	3.8 h
180	MK	Skopje	267 kg	1838 km	3.75 h
181	RU	Novosibirsk	838 kg	5780 km	7.5 h
182	MX	Xalapa	1441 kg	9938 km	11.47 h
183	IT	Naples	207 kg	1425 km	3.35 h
184	US	Raleigh	1034 kg	7130 km	8.78 h
185	UA	Kyiv	323 kg	2229 km	4.12 h
186	RU		0 kg	N/A km	0 h
187	GR	Athens	335 kg	2311 km	4.2 h
188	BE	Bruges	40 kg	295 km	3.15 h
189	CY	Limassol	473 kg	3264 km	5.1 h
190	KE	Nairobi	1035 kg	7135 km	8.8 h
191	US	New York	929 kg	6406 km	8.1 h
192	BR	Fortaleza	1124 kg	7755 km	9.38 h
193	MX	Mexico City	1466 kg	10111 km	11.63 h
194	AZ	Baku	608 kg	4196 km	6 h
195	SE	Norsborg	243 kg	1678 km	3.6 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 8)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
196	PL	Warsaw	218 kg	1505 km	3.43 h
197	GR	Thessaloniki	297 kg	2047 km	3.95 h
198	GR	Athens	335 kg	2311 km	4.2 h
199	UA	Lviv	251 kg	1728 km	3.65 h
200	UA	Kropyvnytsky...	348 kg	2403 km	4.28 h
201	IT	Fabiano	163 kg	1124 km	3.07 h
202	SE		0 kg	N/A km	0 h
203	PT	Lisbon	232 kg	1597 km	3.52 h
204	RO	Bucharest	298 kg	2055 km	3.95 h
205	GR	Athens	335 kg	2311 km	4.2 h
206	GB	Newcastle up...	116 kg	803 km	2.77 h
207	ID	Jakarta	1848 kg	12743 km	14.13 h
208	PT	Porto	193 kg	1333 km	3.27 h
209	RS	NiÅi	259 kg	1789 km	3.7 h
210	HR	Zagreb	173 kg	1195 km	3.13 h
211	GB	London	62 kg	461 km	5.83 h
212	GB	Fulham	65 kg	484 km	5.73 h
213	UA		0 kg	N/A km	0 h
214	DE	Wuppertal	72 kg	532 km	5.3 h
215	GB	Workington	120 kg	831 km	2.78 h
216	SK	Bratislava	174 kg	1201 km	3.15 h
217	RO	Cluj-Napoca	255 kg	1762 km	3.68 h
218	IT	Florence	142 kg	978 km	2.93 h
219	FI	Vaasa	314 kg	2166 km	4.07 h
220	BG	Sofia	281 kg	1938 km	3.85 h
221	CY	Nicosia	471 kg	3250 km	5.1 h
222	PS		0 kg	N/A km	0 h
223	AR	Santiago del...	1718 kg	11849 km	13.28 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 9)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
224	BH	Manama	771 kg	5318 km	7.07 h
225	OM	Muscat	895 kg	6175 km	7.88 h
226	ID	Jakarta	1848 kg	12743 km	14.13 h
227	GE	Tbilisi	538 kg	3712 km	5.53 h
228	GB	London	61 kg	454 km	5.57 h
229	IT	Brescia	112 kg	774 km	2.73 h
230	HU	Pécs	196 kg	1355 km	3.28 h
231	RS	Stara Pazova	226 kg	1561 km	3.48 h
232	GB	London	62 kg	457 km	5.58 h
233	IT	Rome	177 kg	1223 km	3.17 h
234	BR	Itajaí	1567 kg	10809 km	12.3 h
235	AM		0 kg	N/A km	0 h
236	AM	Yerevan	548 kg	3778 km	5.6 h
237	UA	Kyiv	323 kg	2229 km	4.12 h
238	GB		0 kg	N/A km	0 h
239	PL	Poznan	176 kg	1213 km	3.15 h
240	GR	Chios	356 kg	2455 km	4.33 h
241	ID	Semarang	1900 kg	13104 km	14.48 h
242	GR	Athens	335 kg	2311 km	4.2 h
243	ES	Arroyo de la...	156 kg	1078 km	3.03 h
244	RU	Krasnodar	445 kg	3067 km	4.92 h
245	MX	Toluca	1474 kg	10163 km	11.68 h
246	CZ	Prague	142 kg	980 km	2.93 h
247	NL	Eibergen	79 kg	585 km	5.8 h
248	RU	St Petersburg...	345 kg	2376 km	4.27 h
249	UA	Lviv	251 kg	1728 km	3.65 h
250	TH	Bangkok	1506 kg	10389 km	11.9 h
251	ES	Tacoronte	442 kg	3051 km	4.9 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 10)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
252	NL	Amsterdam	69 kg	508 km	5.07 h
253	UA	Vinnitsia	303 kg	2088 km	3.98 h
254	CA	Newmarket	953 kg	6572 km	8.27 h
255	UA		0 kg	N/A km	0 h
256	HR	Zagreb	173 kg	1195 km	3.13 h
257	DE		0 kg	N/A km	0 h
258	CZ	Krnov	179 kg	1232 km	3.17 h
259	CO	Bogotá	1375 kg	9485 km	11.03 h
260	IT	Naples	207 kg	1425 km	3.35 h
261	NG		0 kg	N/A km	0 h
262	BE	Aalst	42 kg	314 km	3.18 h
263	KW	Kuwait City	703 kg	4851 km	6.62 h
264	GB	London	61 kg	452 km	5.28 h
265	AU	Kellyville	2701 kg	18625 km	19.73 h
266	GB	Beckenham	59 kg	440 km	5.27 h
267	GB	Streatham	60 kg	448 km	5.52 h
268	MX	Mexico City	1466 kg	10111 km	11.63 h
269	NG	Lagos	753 kg	5191 km	6.95 h
270	CZ	Chrlice	167 kg	1151 km	3.1 h
271	BE	Liège	50 kg	370 km	3.65 h
272	GB	Oxford	75 kg	555 km	6.15 h
273	LV	Riga	272 kg	1874 km	3.78 h
274	SK	Bratislava	174 kg	1201 km	3.15 h
275	IT	Sondrio	103 kg	707 km	2.67 h
276	CA	Edmonton	1138 kg	7849 km	9.48 h
277	TN		0 kg	N/A km	0 h
278	TN	Kairouan	255 kg	1759 km	3.68 h
279	GR	Athens	335 kg	2311 km	4.2 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 11)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
280	AE	Al Ain	856 kg	5901 km	7.62 h
281	IE	Dublin	124 kg	852 km	2.82 h
282	BR	Belo Horizon...	1421 kg	9802 km	11.33 h
283	TR	Ankara	414 kg	2855 km	4.72 h
284	UA	Chernivtsi	276 kg	1906 km	3.82 h
285	PK	Lahore	985 kg	6790 km	8.47 h
286	GB	Newmarket	73 kg	543 km	6.17 h
287	CY	Paphos	465 kg	3210 km	5.05 h
288	RS	Ruma	222 kg	1534 km	3.47 h
289	DE	Karlsfeld	108 kg	746 km	2.72 h
290	DE	Leipzig	123 kg	846 km	2.8 h
291	JM	Montego Bay	1239 kg	8542 km	10.13 h
292	GB	Hull	91 kg	631 km	2.6 h
293	GB	Carlisle	121 kg	833 km	2.8 h
294	ES	Pozuelo de A...	168 kg	1161 km	3.1 h
295	GE	Tbilisi	538 kg	3712 km	5.53 h
296	IS	Reykjavik	355 kg	2450 km	4.33 h
297	PT	Vila Nova de...	194 kg	1335 km	3.27 h
298	LT	Kaunas	258 kg	1780 km	3.7 h
299	RS	Novi Belgrad...	231 kg	1591 km	3.52 h
300	IT	Florence	142 kg	978 km	2.93 h
301	RO	TimiÈ™oara	233 kg	1610 km	3.53 h
302	IT	Aci Sant'Ant...	259 kg	1785 km	3.7 h
303	NG	Lagos	753 kg	5191 km	6.95 h
304	DK	Copenhagen	164 kg	1130 km	3.08 h
305	ES	Gijón	136 kg	938 km	2.9 h
306	IT	Anguillara	173 kg	1191 km	3.13 h
307	GB	Dulwich	60 kg	442 km	5.32 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 12)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
308	ES	Madrid	168 kg	1158 km	3.1 h
309	GR	Athens	335 kg	2311 km	4.2 h
310	CH	Zurich	90 kg	663 km	6.62 h
311	ES	Barcelona	133 kg	916 km	2.87 h
312	CA	Toronto	955 kg	6588 km	8.27 h
313	UA	Kyiv	323 kg	2229 km	4.12 h
314	SA	Jeddah	710 kg	4899 km	6.67 h
315	ES	Madrid	168 kg	1158 km	3.1 h
316	SE	Göteborg	187 kg	1288 km	3.23 h
317	GR	Athens	335 kg	2311 km	4.2 h
318	AR	Banfield	1765 kg	12169 km	13.58 h
319	DE	Frankfurt am...	79 kg	582 km	5.7 h
320	MK	Skopje	267 kg	1838 km	3.75 h
321	BE	Leuven	45 kg	333 km	3.35 h
322	IE	Dublin	124 kg	852 km	2.82 h
323	UA	Kyiv	323 kg	2229 km	4.12 h
324	LB	Beirut	510 kg	3516 km	5.35 h
325	SI	Koper	150 kg	1033 km	2.98 h
326	AO	Luanda	1038 kg	7156 km	8.82 h
327	ES	Madrid	168 kg	1158 km	3.1 h
328	QA	Doha	794 kg	5474 km	7.22 h
329	TH	Chiang Mai	1422 kg	9809 km	11.35 h
330	MX	Guadalajara	1496 kg	10316 km	11.82 h
331	FR	Courbevoie	1 kg	5 km	0.25 h
332	UA	Vinnitsia	303 kg	2088 km	3.98 h
333	RU		0 kg	N/A km	0 h
334	MX	Torreón	1428 kg	9850 km	11.38 h
335	IE	Dublin	124 kg	852 km	2.82 h

Detailed carbon Footprint Report

Carbon savings per user (page 1) (page 13)

User	Country	City	CO2 saved (kg)	Km saved	Time saved
336	AL	Tirana	256 kg	1766 km	3.68 h
337	DE	Koenigswinte...	72 kg	532 km	5.15 h
338	MX	Mexico City	1466 kg	10111 km	11.63 h
339	RU	Voronezh	416 kg	2871 km	4.73 h
340	IE	Tullamore	134 kg	924 km	2.88 h
341	MX	Mexico City	1466 kg	10111 km	11.63 h
342	AZ	Baku	608 kg	4196 km	6 h
343	GB		0 kg	N/A km	0 h
344	PT	Lisbon	232 kg	1597 km	3.52 h